

Home Video Recording Checklist (Feline OA Gait Assessment)



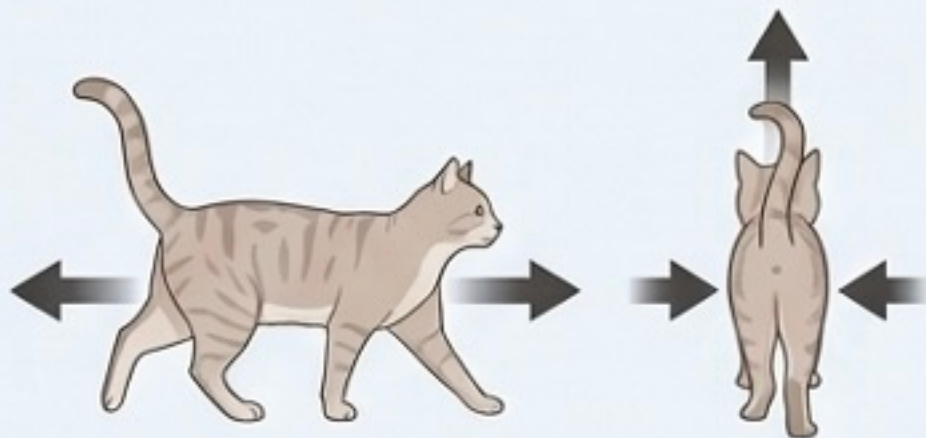
1. Set the stage

Film in a quiet, familiar room with your relaxed, unmedicated cat. Use natural, even lighting and a background that contrasts with your cat's coat.



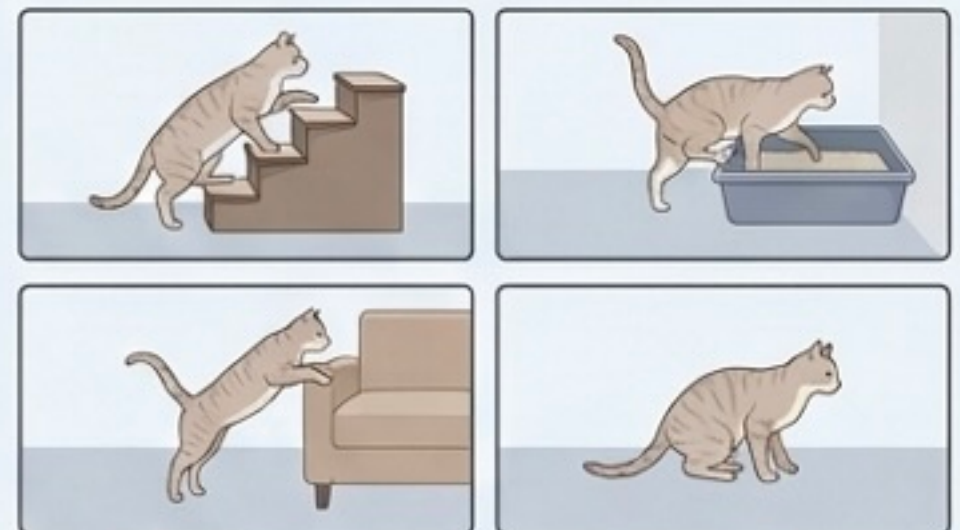
2. Hold the phone correctly

Turn the phone horizontally, and hold steady at your cat's level (not above).



3. Capture the walk

Record your cat walking at its own pace from both the side and behind; take multiple short clips.



4. Film OA-specific movements

Record your cat doing everyday actions: stairs, litterbox entry/exit, jumping up/down, and rising from rest.



**20–45
sec**

Take short clips

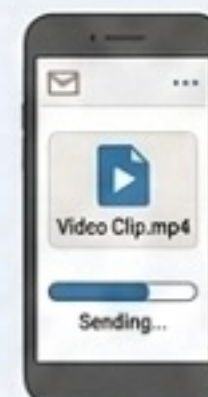


Record good and
bad days



6. Build a baseline and date everything

Record when your cat is well to create a dated baseline; repeat these videos over time for comparison.



7. Send before the visit

Share clips with your veterinary team before your appointment for review.